



If anyone serves, he or she should do it with the strength God provides, so that in all things God may be praised through Jesus Christ. 1 Peter 4:11b

### Stephen Ministers Are Called to Be Caregivers

Carry each other's burdens, and in this way you will fulfill the law of Christ. Galatians 6:2

Encourage the timid, help the weak, be patient with everyone. 1 Thessalonians 5:14b

### God is the Caregiver

Cast your cares on the LORD and he will sustain you. Psalm 55:22a

Come to me, all you who are weary and burdened, and I will give you rest. Matthew 11:28

Cast all your anxiety on him because he cares for you. 1 Peter 5:7

## Stephen Ministry

*One-to-one Ministry by a trained caregiver*

Banafshe Aghvami  
Andrew Borene  
Verna Chenault  
Carolyn Fisk  
Gary Eames  
Emily Foster  
Sharon Gamble  
Libby McConnell  
Sally McKeown  
Charlie Mendenhall  
Rachel Russell  
Janie Waldrop

*\*Referral Coordinator/Stephen Leader*

For more information, please contact  
Pastor Jen Dunfee or one of the Stephen  
Leaders below:

Stephen Leader:

Wendy Maiwurm

703 759-6705

Pat Matheson

703 534-4105

Karen Siple

703 757-2899

1724 Chain Bridge Road  
McLean, VA 22101  
Phone: 703 356-7200  
Fax: 703 356-7334

## Stephen Ministry

*Lewinsville*  
Presbyterian Church



# WHAT IS STEPHEN MINISTRY?

Stephen Ministry is grounded in Jesus' command to love one another. Through one-to-one caring relationships, those who are hurting receive the love and care they need to support them.

- *Is life more than you can handle alone right now?*
- *Are your health, your attitude, or your relationships suffering?*
- *Are you adjusting to a new job, a change in marital status, a serious illness, the death of a loved one, a recent move?*
- *Would you like to have someone in your life who can help to share God's care and love with you?*

Everyone goes through difficult times. Having someone to care, to listen, to share God's love with you can help you get through the confusion, stress, or loneliness you may be experiencing.

# HOW DOES THE REFERRAL PROCESS WORK?

- A person — either you, a relative, or a friend — is hurting and in need of Christian care.
- The Stephen Ministry Referrals Coordinator learns about this need for care — from the pastor, the person, or a friend, always with the person's permission.
- The Referrals Coordinator meets with the person to talk about Stephen Ministry.
- With the person's permission, the Referrals Coordinator assigns a Stephen Minister to meet on a regular basis with the person.
- The Stephen Minister continues to provide distinctively Christian care for the person in strict confidentiality.

# WHAT IS A STEPHEN MINISTER

A Stephen Minister is...

- a child of God who walks beside a hurting person
- a caring Christian companion who listens
- a lay person who has received 40 hours of training in how to provide distinctively Christian care

A Stephen Minister is NOT...

- a counselor or therapist
- a problem-solver
- a casual visitor

Stephen Ministry helps meet the needs of individuals who are...

- hospitalized or terminally ill
- going through birth, adoption, miscarriage or infertility
- bereaved
- in a job crisis
- experiencing divorce or separation
- disabled or homebound
- lonely
- in a spiritual crisis
- looking for a caring Christian friend