



## EARTH CARE @LEWINSVILLE

### RESOLVE TO BE GREEN IN 2020

As you clean up after Christmas, are you feeling overburdened by all the plastic, paper, and “stuff” associated with celebrating Christmas? Now is a great time to begin thinking about simplifying your life, and treading more lightly on our God-given home, by making some Green New Year’s Resolutions. Here are ten suggestions to get you started (pay special attention to #1 – doing that will help you engage with further lifestyle changes!).

1. Commit to attending the LPC Adult Education Module in March (4 Sundays) on the topic of Christian Simplicity.
2. Drink from a reusable bottle.
3. Say no to plastic straws at restaurants.
4. Use re-usable shopping bags.
5. Recycle following the rules set by your trash service.
6. Teach kids about earth care.
7. Vary your diet – explore plant-based options.
8. Use the cold water setting when washing clothes.
9. Shop for products with less packaging.
10. Reduce energy consumption. Opt for LED lights, and turn off electronic devices instead of leaving them on stand-by.