

EARTH CARE @LEWINSVILLE

RESOLVE TO BE GREEN IN 2020

As you clean up after Christmas, are you feeling overburdened by all the plastic, paper, and "stuff" associated with celebrating Christmas? Now is a great time to begin thinking about simplifying your life, and treading more lightly on our God-given home, by making some Green New Year's Resolutions. Here are ten suggestions to get you started (pay special attention to #1 – doing that will help you engage with further lifestyle changes!).

- 1. Commit to attending the LPC Adult Education Module in March (4 Sundays) on the topic of Christian Simplicity.
- 2. Drink from a reusable bottle.
- 3. Say no to plastic straws at restaurants.
- 4. Use re-usable shopping bags.
- 5. Recycle following the rules set by your trash service.
- 6. Teach kids about earth care.
- 7. Vary your diet explore plant-based options.
- 8. Use the cold water setting when washing clothes.
- 9. Shop for products with less packaging.
- 10. Reduce energy consumption. Opt for LED lights, and turn off electronic devices instead of leaving them on stand-by.