

Virtual Volunteering Opportunities

Nonprofits are the backbone of our communities – some are more visible than others in their impact and the needs they meet. While COVID-19 is affecting everyone, nonprofits are particularly feeling the pinch. They must simultaneously adjust their work environments and policies to ensure the safety and well-being of their staff and volunteers while demand for their programs and services surges beyond the scale their networks are prepared to handle. We listed virtual volunteering opportunity categories below. If you are interested in a particular category, we encourage you to investigate these opportunities by selecting one of the links in that category. As you consider the many virtual/remote volunteer opportunities available to you, please keep in mind the nonprofit organizations may be delayed in responding to your expressions of interest and/or inquiries.

HEALTH & WELL-BEING FOR ALL OPPORTUNITIES

- [Crisis Text Line](#) is a free 24/7 national crisis-intervention and counseling service conducted exclusively through SMS text. Volunteers use the nonprofit's web-based platform to provide emotional support to texters who are dealing with a wide range of issues– bullying, self-harm, suicidal thoughts, and more. Prospective volunteers go through screening and a lengthy self-paced training. Once completed, volunteers sign up to take one four-hour shift each week for a year.
- [IMAlive](#) is a live online crisis network and a project by the Kristin Brooks Hope Center, To Write Love On Her Arms and PostSecret. Online volunteers must be at least 18 years old (16 with parents notarized consent), complete at least 20 hours training and a series of tests and screenings, and willing to commit to responding four hours a week for one year, or eight hours a week for six months. They also must pay, or fundraise, a fee to cover training and support costs.
- [Young Minds Trust / Shout](#) is the UK's first 24/7 text service, free on all major mobile networks, for anyone in crisis anytime, anywhere. It's a place to go if you're struggling to cope and you need immediate help. Shout is powered by a team of volunteers, who are the heart of the service and take people from crisis to calm every single day. Could you help as a volunteer and communicate with people in crisis via a text or a message? Volunteer with Shout and you will receive online training and be overseen by Clinical Supervisors and coaches. You will be able to work remotely from your own home and in the time you are able to give.
- [The Rape, Abuse & Incest National Network \(RAINN\)](#) is the nation's largest anti-sexual violence organization and operates the National Sexual Assault Hotline at 1.800.656.HOPE and the National Sexual Assault Online Hotline. Online volunteers who staff the online hotline must complete a training course facilitated by RAINN, complete a background check, and be on time for shifts.

- TED Translators are a global community of volunteers who subtitle TED Talks and enable the inspiring ideas in them to crisscross languages and borders. Bring TED into your language! [Join the global community of volunteers.](#) .
- [Trevor Project](#) is an online, social networking community for lesbian, gay, bisexual, transgender and questioning (LGBTQ) youth ages 13-24, and their friends and allies. Online volunteers monitor the TrevorSpace site to maintain a safe online space for young LGBTQ people. Trainings for online volunteers are provided quarterly.
- Help to bring personalized voices to people with speech impediments or who have lost their voice! [VocaliD](#) is aimed at designing personalized synthetic voices so that people with severe speech impairments can use a voice that fits their body and personality. Share your voice and help drive innovation in voice technology through [VocaliD.](#)
- Lend your eyes to solve tasks for blind and low vision people. Visit [Be My Eyes.](#)
- [The International Center for Research and Family Education](#) needs French-English and Spanish translators for texts (brochures, columns, etc.) and letters.
- [Call in Time](#) is a UK national service where a volunteer befriender will phone an older person at an agreed upon time for a chat.
- Blue Cross and Blue Shield of Minnesota and Allina Health, along with several community partners, have launched a statewide volunteer effort, calling for people to [sew and donate masks](#) for doctors, nurses and other medical staff.
- [SilverSource](#) provides a safety net to older residents located in Connecticut's lower Fairfield County. The organization helps these residents to keep a roof over their heads, food on the table and help ensure they get the medical care they need. Due to COVID-19, SilverSource has shifted their programming to help seniors follow the governor's guidance to "Stay Home, Stay Safe." Well-Check Program: Volunteers are needed to make weekly well-check calls to 2,000 older residents. SilverSource provides a quick overview/training via Zoom and also provides a script for the calls. The seniors are grateful for the calls, and it quickly helps the organization identify people who need support for food or medication.
- [CVV - Centro de Valorização da Vida](#) provides emotional support and suicide prevention, attending voluntarily and free of charge to all people who want and need to talk, in complete secrecy by phone, email and chat 24 hours a day. The CVV volunteer donates his time and attention to anyone who wants to talk to another person anonymously, confidentially and without judgment or criticism. If you are over 18 years of age, at least four hours available per week and willing to help people, you can be on duty in the CVV's Emotional Support Program. For this, you need to participate in a free volunteer preparation course, at one of our headquarters or in the virtual environment. The main fronts of the duty on duty are telephone, voip and chat services. To register and participate for free in the classroom or virtually, [click here and register](#) . [Follow here our schedule of courses throughout Brazil](#)