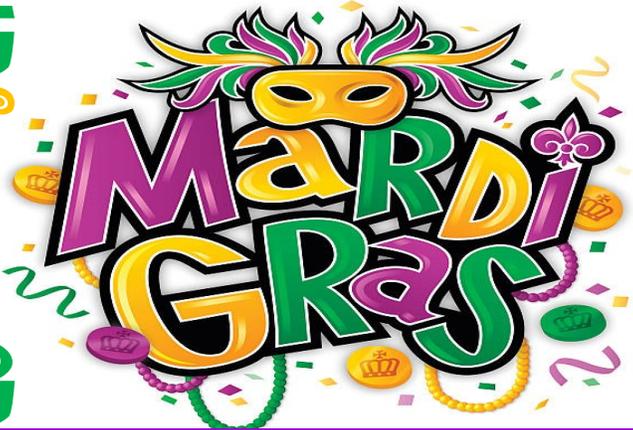


# KIDS STUFF

20 FEBRUARY 21



A MONTHLY UPDATE FOR KIDS AND PARENTS AT LEWINSVILLE PRESBYTERIAN CHURCH

## CELEBRATIONS BEFORE LENT BEGINS

### SHROVE TUESDAY

FROM THE EARLIEST YEARS OF CHRISTIANITY, LENT HAS BEEN THE TIME OF SELF-EXAMINATION, SELF-DENIAL AND SELF-DISCIPLINE. THE DAY BEFORE LENT WAS ORIGINALLY NAMED SHROVE TUESDAY BECAUSE IT WAS ON THAT DAY THAT THE 'SHRIVING BELL' RANG, SUMMONING EVERYONE TO CHURCH TO BE 'SHRIVEN'-TO CONFESS HIS/HER SINS BEFORE BEGINNING THE SERIOUS PREPARATION FOR EASTER. IN OLDEN DAYS, CELEBRATING LENT ALSO MEANT FASTING: THAT IS, NOT EATING ANY FOOD ON CERTAIN DAYS AND NOT EATING CERTAIN FOODS ON ANY DAYS. EGGS, MEAT, MILK AND RICH BUTTERY DISHES WERE THE PRINCIPAL FOODS TO BE AVOIDED. BECAUSE OF THAT, SHROVE TUESDAY BECAME KNOWN BY OTHER NAMES AS WELL!

### FAT TUESDAY

"WASTE NOT, WANT NOT!" IS AN OLD AND FAMOUS FAMILY RULE! IT HAD A SPECIAL MEANING BECAUSE IN THE DAYS BEFORE ANYONE EVEN DREAMED OF A REFRIGERATOR OR ICE-BOX, CERTAIN FOODS SPOILED QUICKLY. BEING MERRY WHILE 'EATING IT ALL UP' BECAME THE CUSTOM OF SHROVE TUESDAY. SINCE MANY OF THE FOODS EATEN WERE

FATTY, BUTTERY AND RICH (BESIDES MAKING ONE FAT, OF COURSE) THIS MERRY FEASTING DAY BECAME NOW AS FAT TUESDAY. BUT WAIT, SHROVE TUESDAY HAS STILL MORE NAMES...

### MARDI GRAS

CARNIVAL! THE VERY WORD BRINGS TO MIND CROWDS OF MERRY-MAKERS IN THE STREETS, COSTUMES, BEADS AND COLORFUL FLOATS-LAUGHING, SHOUTING, DANCING, SINGING—FEASTING! THE WORD CARNIVAL COMES FROM THE LATIN WORDS *CARNEM LEVARE* WHICH MEANS 'TO PUT AWAY FLESH'. THIS FESTIVE TIME IS ALSO CALLED *MARDI GRAS* WHICH IS FRENCH FOR FAT TUESDAY. THE MOST FAMOUS OF THESE CELEBRATIONS TAKE PLACE EACH YEAR IN AMERICA'S NEW ORLEANS, LOUISIANA, AND IN BRAZIL'S RIO DE JANEIRO.



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**SUNDAY AFTERNOON  
MUSIC/PUPPET REHEARSAL  
SCHEDULE FOR FEBRUARY:**

**FEBRUARY 7 MUSIC REHEARSAL ON ZOOM  
4:30-5:30 PM**

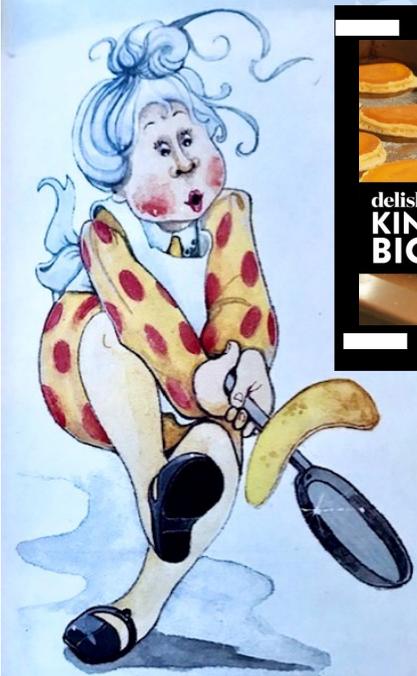
**FEBRUARY 14 A FAMILY HOOPS EVENT-PANCAKE RACES + MORE**

**3:30-4:30 PM**

**CELEBRATING MARDI GRAS**

**FEBRUARY 21 PUPPET REHEARSAL ON ZOOM  
4:30-5:30 PM**

**FEBRUARY 28 MUSIC REHEARSAL ON ZOOM  
4:30-5:30 PM**



**PANCAKE DAY**

ONE WAY TO USE UP EGGS, MILK AND FATS IN PREPARATION FOR THE FASTING OF LENT IS TO COMBINE THEM WITH FLOUR AND TO MAKE PANCAKES. FOR HUNDREDS OF YEARS, THAT'S JUST WHAT VILLAGERS AND TOWN FOLK ALIKE HAVE DONE. IN ENGLAND, SHROVE TUESDAY BECAME SO WELL KNOWN AS PANCAKE DAY! TODAY IN SOME ENGLISH AND AMERICAN TOWNS, WOMEN STILL GATHER IN THE TOWN SQUARE TO BEGIN A PANCAKE RACE. EACH WOMAN CARRIES A FRYING PAN CONTAINING A PANCAKE WHICH SHE MUST TOSS INTO THE AIR THREE TIMES, WHILE RACING TO THE VILLAGE CHURCH.

**PANGAKE TOSS**  
**PANGAKE WALK**  
**MINUTE 2 WIN IT**  
**MARDI GRAS**  
**STEAL THE BEADS!**  
**STYLE**  
**PANGAKE HEAD STACK!**

*Run to the Church with a frying pan,  
Never you lose a minute!  
Run to the Church with a frying pan  
And a yellow pancake in it.  
First to carry her pancake there,  
Through heavy or light she beat it,  
Must toss her cake to the Belringer,  
And the Belringer must eat it.  
Then be she madam or be she miss  
All breathless after rushing,  
The Belringer shall give her his kiss  
And never mind her blushing.*



**SUNDAY,  
FEBRUARY 14  
3:30 P.M.  
BRING A FRYING  
PAN AND RUNNING  
SHOES!**

**JOIN US FOR FUN GAMES AND BEADS! BEADS!  
BEADS!....AND THERE WILL BE PRIZES!  
ALL CONTESTANTS MUST WEAR A MASK  
AND BRING A FRYING PAN FROM  
HOME! (PANCAKES WILL BE  
PROVIDED)!**

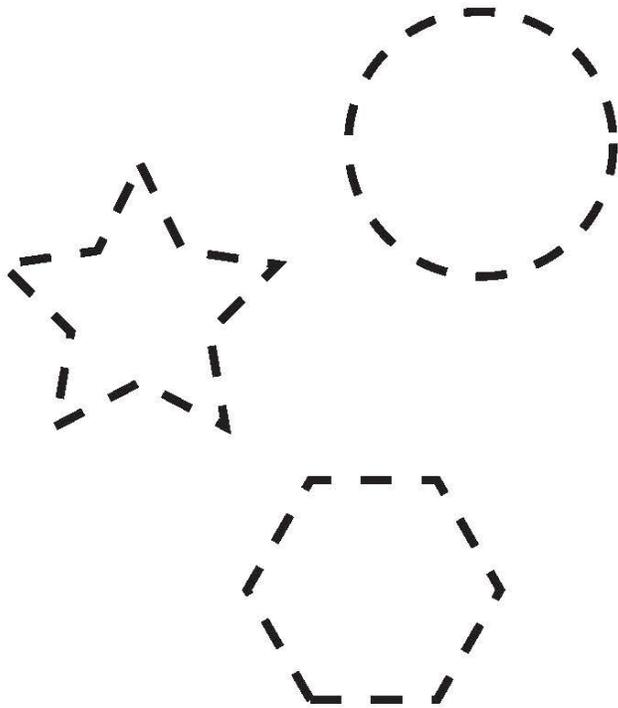
**AND MOM + DAD CAN  
STICK AROUND FOR A MUSICAL  
CONCERT OF VALENTINE'S DAY AND  
MARDI GRAS JAZZ MUSIC PROVIDED BY  
JOHN NOTHAFT + EVAN AYERS AT THE  
LEWINSVILLE GARDENS.**



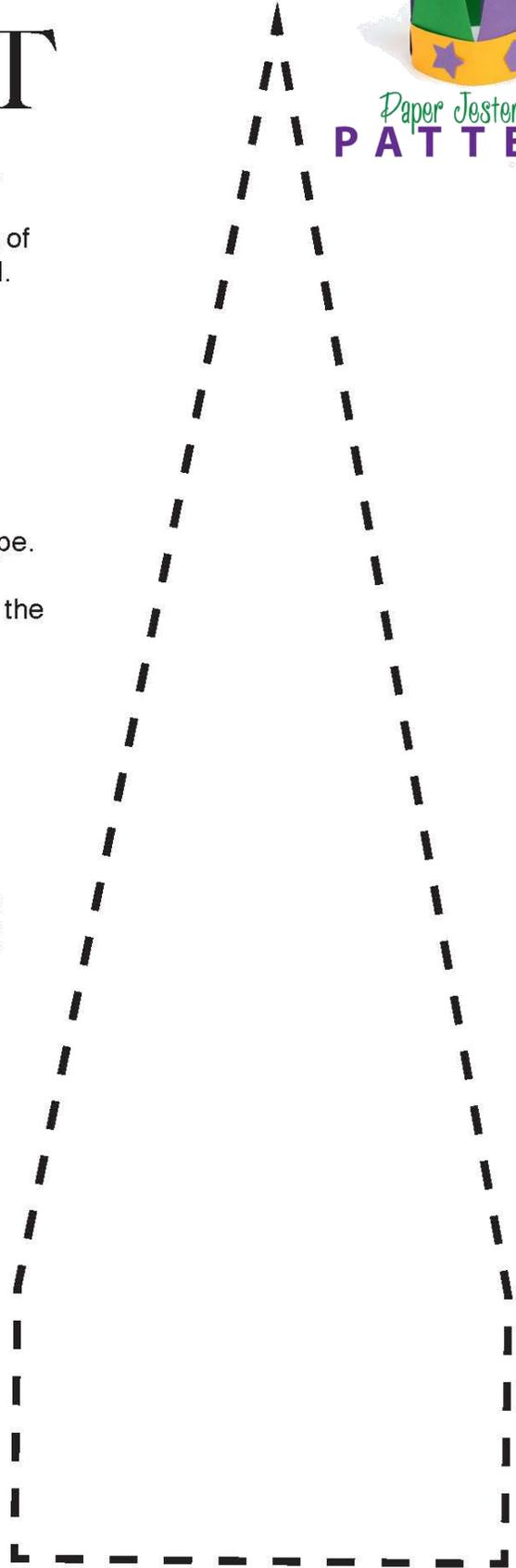
Create Your Own

# JESTER HAT

1. Cut-out the templates by following the dotted line.
2. Using the rectangle template on page 2, cut 3 out of construction paper and tape into one long headband.
3. Using the triangle template, cut 6 out of different colors of construction paper.
4. Attach the bottom of the triangles side by side to the headband.
5. Fit the headband to your head and secure with tape.
6. Use the circle, star and jewel templates to cut out the decorations, and glue or tape to the hat.



Paper Jester Hat  
**PATTERN**  
©MardiGrasOutlet.com



# Create Your Own JESTER HAT



## SUPPLIES:

- RIBBON OR FABRIC SCRAPS
- MASON JAR RINGS
- SCISSORS



CUT LENGTHS OF THE RIBBON AND TIE ONTO THE MASON JAR RING (AS SEEN IN PICTURE). ALTERNATE COLORS AND TYPES OF RIBBON OR FABRIC.

EASY PEASY!



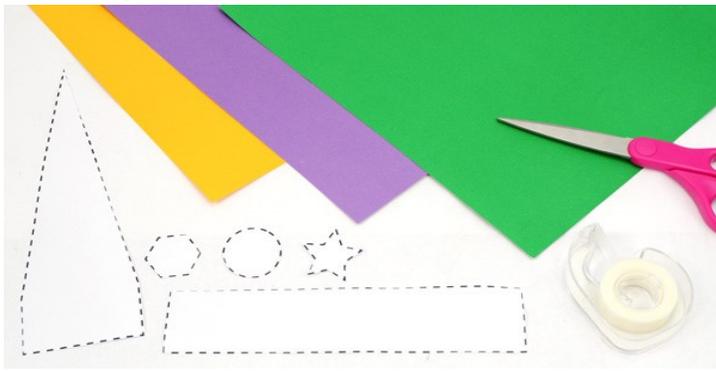
## SUPPLIES

- PURPLE CRAFT FOAM
- GOLD, GREEN AND PURPLE METALLIC PIPECLEANERS
- HOT GLUE
- SCISSORS

## INSTRUCTIONS

1. CUT A STRIP OF THE PURPLE CRAFT FOAM ABOUT 1 1/2" WIDE AND LONG ENOUGH TO FIT AROUND THE CHILD'S HEAD. YOU MAY NEED TO CUT TWO STRIPS AND GLUE THEM TOGETHER TO MAKE IT LONG ENOUGH. TRIM TO THE RIGHT SIZE OVERLAPPING ENOUGH TO GLUE TO MAKE A CIRCLE
2. GLUE GOLD PIPE CLEANERS ALONG EACH EDGE OF THE CROWN, ENDING IN A LITTLE SWIRL AT THE END OF THE BOTTOM OF THE CROWN. USE THE PICTURE AS A REFERENCE.
3. FOLD ONE PURPLE, ONE GOLD AND ONE GREEN PIPE CLEANER IN HALF AND CURL THE ENDS AS SHOWN. USING THE PICTURE AS A REFERENCE GLUE THE SHAPED PIPE CLEANERS TO THE FRONT OF THE CROWN LETTING THE GREEN ONE EXTEND BEYOND THE BOTTOM EDGE OF THE CROWN.

IT'S THAT SIMPLE, NOW ROUND UP YOUR FRIENDS AND HAVE YOUR OWN MARDI GRAS PARADE.



### STEP 1: CUT OUT THE TEMPLATES

Print out both pages of the free download jester hat patterns. Follow the dotted line and cut-out each shape with scissors.

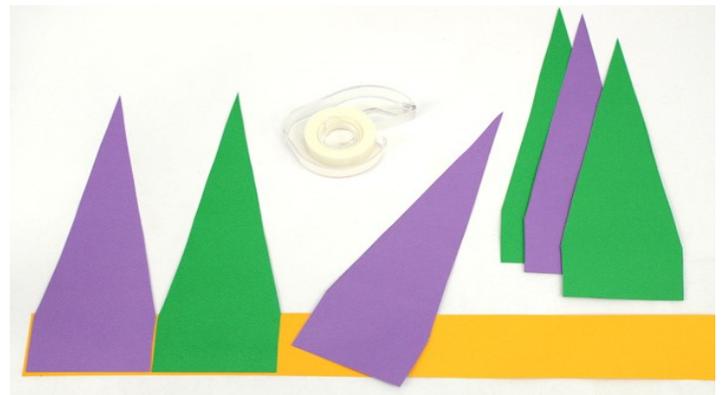


### STEP 2: MAKE THE HEADBAND

Using the rectangular template on page 2, cut-out 3 pieces from construction paper. For this hat, you can use purple, green and gold, the colors of Mardi Gras, or any other colors you want. Tape the pieces end to end into one long head band.

### STEP 3: CUT THE JESTER SPIKES

Using the triangle pattern, cut out 6-8 pieces out of different colors of construction paper. The number of triangles you need depend on head size.



### STEP 4 & 5: CONSTRUCT THE HAT

Using glue or tape, secure the triangle bottoms side by side to the head band. Now, fit the headband to your head and secure with tape.



### STEP 6: ADD ACCENTS

Use the circle, star and jewel templates on page 1 to cut out decorations for your jester hat. Glue or tape them to the hat.





## EASY King Cake



THE SECRET TO THIS RECIPE IS TO USE CANNED CINNAMON ROLLS WHICH INCLUDES THE FROSTING. SO THERE ARE ACTUALLY JUST 2 INGREDIENTS WHEN YOU ADD THE COLORED SUGAR!

- USE PILLSBURY FLAKY CINNAMON ROLLS WITH BUTTER CREAM ICING. IT'S IMPORTANT TO USE THIS KIND, IF YOU CAN FIND THEM BECAUSE THEY ARE ACTUALLY ROLLED CINNAMON ROLLS. THE OTHER ONES ON THE MARKET ARE MORE LIKE BISCUITS WITH CINNAMON SUGAR TOPPING AND THEY WON'T WORK AS WELL FOR THIS RECIPE.



← THIS IS HOW THE CINNAMON ROLLS LOOKS WHEN YOU FIRST TAKE THEM OUT OF THE PACKAGE.

- THEN YOU WILL SIMPLY → PRESS THEM DOWN, SO THEY LOOK MORE LIKE FLATTENED OVAL SHAPES.



- PLACE THE FLATTENED CINNAMON ROLLS ON THEIR SIDES IN A CIRCULAR PATTERN ON A GREASED OR SILICONE MAT LINED, LARGE COOKIE SHEET.
- BAKE ACCORDING TO PACKAGE INSTRUCTIONS. I BAKED MINE AT 375 FOR ABOUT 12 MINUTES. LET IT COOL.
- HIDE A LITTLE PLASTIC BABY JESUS SOMEWHERE INSIDE THE KING CAKE. CUT A LITTLE HOLE SOMEWHERE IN THE BAKED KING CAKE AND STICK THE PLASTIC BABY INSIDE. IT'S FUN WHEN YOU SERVE IT TO SEE WHO WILL GET THE BABY JESUS. THERE ARE DIFFERENT THEORIES ON THE MEANING OF THIS. SOME SAY THE PERSON WHO GETS THE BABY WILL HAVE GOOD LUCK ALL YEAR.
- FROST WITH THE BUTTER CREAM ICING THAT COMES WITH THE CINNAMON ROLLS. THEN ADD COLORED SUGAR IN GREEN, YELLOW AND PURPLE.



## TRADITION OF THE KING CAKE

KING CAKE IS EATEN ON JANUARY 6 IN HONOR OF EPIPHANY, OR TWELFTH NIGHT, WHICH HISTORICALLY MARKS THE ARRIVAL OF THE THREE WISE MEN/KINGS IN BETHLEHEM WHO DELIVERED GIFTS TO THE BABY JESUS. (THE PLASTIC BABY HIDDEN INSIDE KING CAKES TODAY IS A NOD TO THIS STORY.) THE CAKE REAPPEARS AS A PART OF MARDI GRAS CELEBRATING THE END OF EPIPHANY-BEFORE THE SEASON OF LENT. MOST AMERICANS ARE LIKELY FAMILIAR WITH LOUISIANA-STYLE KING CAKES THAT CONSIST OF A CAKE-Y BREAD DOUGH TWISTED INTO A RING AND DECORATED WITH COLORED ICING AND SPRINKLES. VARIANTS CAN BE MADE FROM CAKE BATTER OR BREAD DOUGH OR PASTRY, BUT ALMOST ALL VERSIONS ARE SHAPED INTO A CIRCLE OR OVAL TO MIMIC THE APPEARANCE OF A KING'S CROWN.

EVERY KING CAKE CONTAINS A TRINKET — OFTEN A SMALL FIGURINE IN THE SHAPE OF A BABY — WHICH PLAYS A CRUCIAL PART IN THE CELEBRATION OF THE HOLIDAY THAT INSPIRED THIS PASTRY. WHOEVER FINDS THE TRINKET IN THEIR SLICE OF CAKE GETS TO BE THE "KING" FOR A DAY.

KING CAKE IS SAID TO HAVE ORIGINATED IN OLD WORLD FRANCE AND SPAIN AND CAME TO BE ASSOCIATED WITH EPIPHANY DURING THE MIDDLE AGES. WHEN IT WAS BROUGHT TO THE NEW WORLD (ALONG WITH CATHOLICISM AND CHRISTIANITY), THE TRADITION EVOLVED FURTHER.

## ASH WEDNESDAY

THE FIRST DAY OF LENT IS CALLED ASH WEDNESDAY. IN NATURE MANY THINGS HAVE TO WITHER AND DECAY AND TURN TO ASH BEFORE NEW LIFE CAN SPRING FORTH. EARLY CHRISTIANS HELD THAT BEFORE EACH PERSON CAN EXPERIENCE THE NEW LIFE OF EASTER TIME, THEY HAVE TO LET SOME OF THEIR FAULTS AND BAD HABITS DIE AWAY AND THUS 'TURN TO ASH'.

IN CHURCH, SPECIAL SERVICES ARE HELD ON ASH WEDNESDAY, DURING WHICH A CROSS IS MARKED IN ASH ON THE FOREHEAD OF EACH MEMBER OF THE CONGREGATION. THE ASHES ARE MADE FROM THE PALM LEAVES WHICH HAVE BEEN SAVED FROM THE PREVIOUS YEAR'S PALM SUNDAY SERVICE. THE ASH IS A REMINDER THAT WHEN WE DIE, OUR BODIES WILL EVENTUALLY TURN TO ASH. THE CROSS IS A REMINDER, HOWEVER, THAT THROUGH THE DEATH OF JESUS ON THE CROSS, WE WILL RISE AGAIN TO NEW LIFE.

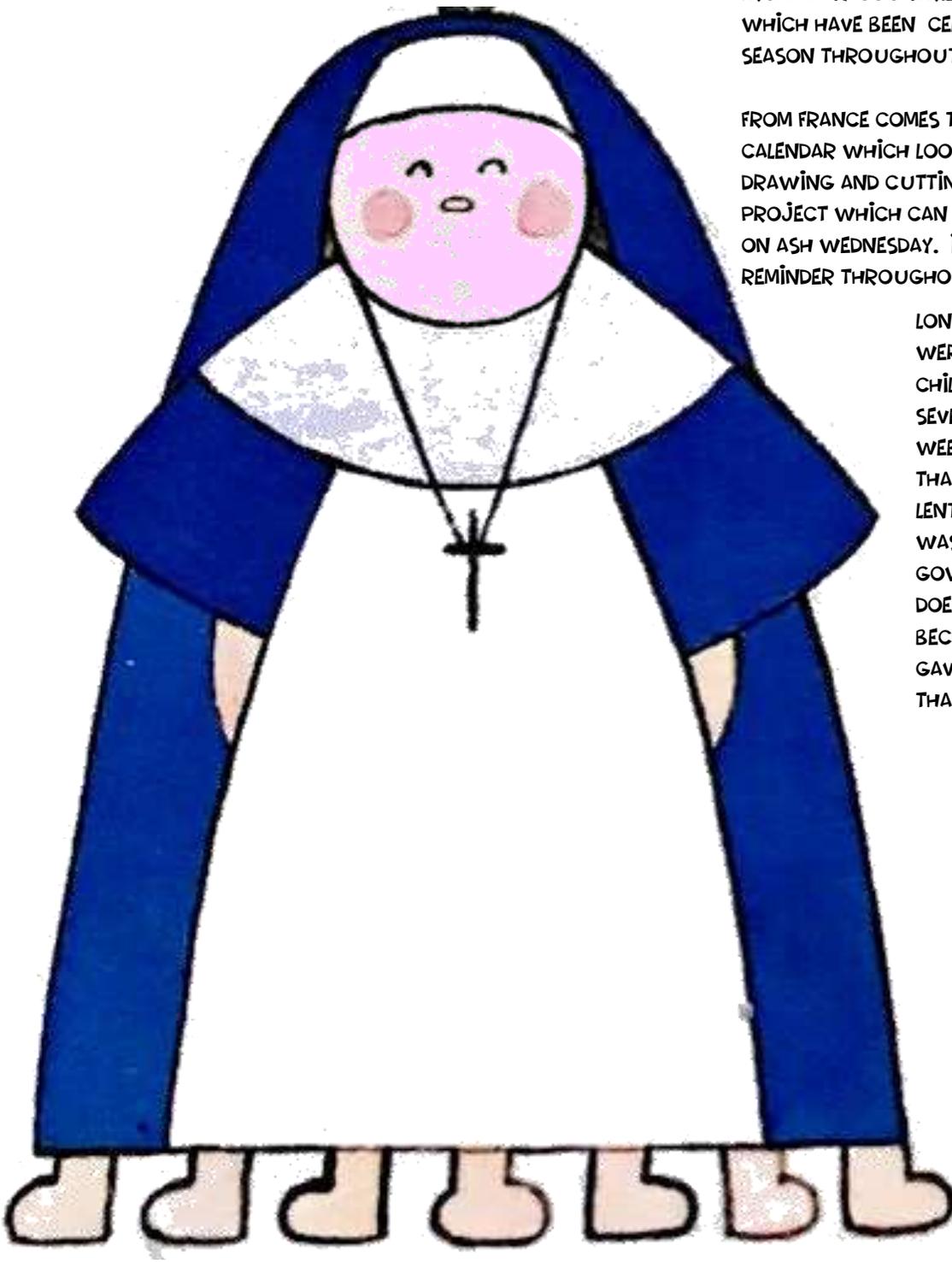
### A LENTEN CUSTOM FROM FRANCE:

FROM MANY COUNTRIES COME DIFFERENT FOLK CUSTOMS WHICH HAVE BEEN CELEBRATED DURING THE LENTEN SEASON THROUGHOUT THE AGES.

FROM FRANCE COMES THE TRADITION OF MAKING A LENTEN CALENDAR WHICH LOOKS LIKE A LITTLE NUN. EVEN TODAY DRAWING AND CUTTING OUT THIS QUAIN T FIGURE IS A PROJECT WHICH CAN BE ENJOYED BY THE ENTIRE FAMILY ON ASH WEDNESDAY. IT WILL ALSO SERVE AS A LENTEN REMINDER THROUGHOUT THE SEASON.

LONG BEFORE REGULAR CALENDARS WERE IN COMMON USE, FRENCH CHILDREN MADE A PAPER NUN WITH SEVEN FEET TO MARK OFF THE SEVEN WEEKS (COUNTING THE HALF-WEEK THAT STARTS ON ASH WEDNESDAY) OF LENT. AS EACH WEEK PASSED, A FOOT WAS FOLDED BACK UNDER THE NUN'S GOWN. THIS DRAWING OF THE NUN DOES NOT HAVE A MOUTH. THAT IS BECAUSE FRENCH CHILDREN NEVER GAVE HER ONE. IT REMINDED THEM THAT LENT WAS A TIME OF FASTING.

1. PRINT + CUT OUT THE NUN FROM CARDSTOCK PAPER.
2. START FROM THE MIDDLE AND FOLD BACK THE FOOT FOR ASH WEDNESDAY THEN ANOTHER FOOT FOR EACH SUNDAY OF LENT.



# Messy Church MINI-MESS

FEBRUARY 7, 2021  
5TH SUNDAY  
AFTER EPIPHANY



“Lord,  
teach us to  
pray...”

LEWINSVILLE PRESBYTERIAN CHURCH - "BRINGING HOME THE MESS"



## Prayer Jenga: An idea to encourage family prayer time

IT IS ALWAYS AMAZING SEEING CHILDREN CONNECT WITH GOD IN PRAYER. WE LOVE TO ENCOURAGE OUR CHILDREN TO ACTIVELY ENGAGE WITH PRAYER, AND ONE GREAT WAY TO DO THAT IS TO MAKE IT CREATIVE AND FUN!

HAVE YOU EVER CONSIDERED USING GAMES TO ENCOURAGE AND ENTHUSE PRAYER WITHIN YOUR FAMILY LIFE? TRY USING THE GAME JENGA TO ENGAGE YOUR FAMILY IN PRAYER. IF YOU'VE NEVER SEEN PRAYER JENGA BEFORE, THE IDEA IS THAT EACH TIME YOU PULL A BLOCK FROM THE TOWER, YOU TAKE A FEW SECONDS TO PRAY FOR WHAT'S WRITTEN ON IT. ONCE YOU'VE PRAYED, YOU PUT YOUR BLOCK ON THE TOP OF THE TOWER AND THEN IT'S THE NEXT PERSON'S GO.

IT MAY SOUND LIKE A SIMPLE IDEA, BUT IT'S SURPRISING HOW MUCH KIDS (AND PARENTS!) WILL WANT TO ENGAGE WITH PRAYER, AND EVEN PRAY OUT LOUD FOR EVERYONE TO HEAR.

### Ideas for Prayer Jenga

- Thank God for food
- Pray for a friend
- Thank God for books
- Pray for someone who is lonely
- Pray for your postman
- Thank God for the rain
- Pray for the police
- Tell God how awesome He is
- Pray for our country
- Thank God for the sunshine
- Pray for your brother or sister
- Thank God for your parents
- Pray for your community
- Ask God to help you be kind
- Pray for those who don't have enough food

### Ideas for Prayer Jenga

- Pray for the fire brigade
- Pray for your church
- Ask God to bless your kid's church leaders
- Pray for the doctors and nurses
- Thank God for your home
- Thank God for your warm bed
- Praise God because He is our creator
- Thank God for family time together
- Pray for the helpers in school
- Pray for a friend who needs help
- Ask God to help you with something you find difficult
- Thank God for the Bible
- Ask God what He wants to say to you



## Ideas for Prayer Jenga

Thank God for His creation  
Pray for a country far away  
Thank God for your favourite toy  
Pray for a place where war is happening  
Thank God for the animals  
Pray for those who don't have a home  
Thank God for His peace  
Pray for someone who is sad  
Thank God for your school  
Ask God to help you make good choices  
Tell God how good He is  
Thank God for your health  
Pray for someone who is sick  
Pray for your cousins / family  
Thank God for your clothes

## Ideas for Prayer Jenga

Pray for the refugees around the world  
Pray for someone older than you  
Pray for someone younger than you  
Ask God to bless your teachers  
Thank God for making you  
Pray for someone that needs help  
Tell God how much you love Him  
Thank God for sending Jesus  
Thank God for your friends  
Pray for your neighbours  
Thank God for your family  
Tell God what you are sorry for  
Pray for the leaders in the government  
Ask God to help you in school  
Ask God to help you at home

## soft PRETZELS in a BAG

housingaforest.com



I'm super excited to share this kid friendly recipe! Best part...no electric mixer required just a zippered plastic bag. Easy Peasy!

### Pretzel Ingredients:

- Gallon Zippered Plastic Bag ~ make sure it seals well.
- 1 1/2 C. water (130°F)
- 1 Tbsp. rapid rise yeast (active dry or instant yeast works well)
- 1 tsp. salt
- 1 Tbsp. sugar
- 3 3/4 to 4 C. flour
- 1 egg, beaten (to use brush on the top of the formed pretzels)
- Coarse sea salt for sprinkling

### Pretzel Directions:

In a gallon zippered plastic bag, add the warm water and yeast. Seal the bag and have the kids squish/shake to combine. Don't worry, there will be some yeast lumps when your done squishing. It's ok, I promise. Next, add the sugar and salt. Seal the bag up again, and shake some more





Dump 2 cups of the flour into the bag (you will be adding the rest of the flour in a bit). Seal bag and knead with fingers to blend all the ingredients together.

Add remaining flour to the bag a little at a time. Seal the bag and knead until dough doesn't stick to the sides of the bag.

Once everything is combined, turn the dough out onto a floured surface. Knead the dough for about 3 minutes until smooth and elastic. Form into a ball and cover with a tea towel or plastic wrap. Let the dough rest 10 minutes or until dough doubles in size.

Ready to form the pretzels?

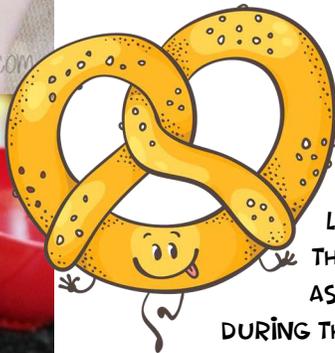
We cut our dough into 12 similar sized balls. Although, make your pretzels as big or as small as you like.

Start by rolling the dough into a long snake or rope. Make sure your surface is floured to keep the dough from sticking. Once you have a long snake, form it into a pretzel shape. It may take the kids a few tries, but they will get it pretty quickly. Lay the formed pretzels on a baking stone or lightly oiled baking sheet.

Finally, brush each pretzel with an egg-wash. To make the wash, simply beat an egg and brush the tops of each shaped pretzels. While the pretzel is still wet, sprinkle with coarse sea salt.

Let the pretzels rest until they are doubled in size, and bake.

**Bake at 425° F for 12-15 minutes. Turn the oven to broil for the last 5 minutes to get the tops nice and brown.**



## PRETZELS AND LENT

ANOTHER CUSTOM OF LENT, A DELICIOUS ONE, THAT IS ASSOCIATED WITH ASH WEDNESDAY IS EATING PRETZELS!

DURING THE EARLY CHRISTIAN YEARS WHEN FASTING WAS AN IMPORTANT PART OF LENT, EGGS, MILK AND FATS WERE NOT ALLOWED. SINCE PRETZELS CONTAIN ONLY FLOUR, WATER AND SALT THEY WERE EATEN INSTEAD OF BREAD, DURING LENT. BAKERS EVEN TWISTED THE PRETZEL DOUGH TO REPRESENT TWO ARMS CROSSED IN THE ACT OF PRAYER (TURN OUR PRETZEL UPSIDE-DOWN AND YOU WILL SEE THE TWO ARMS CROSSED). IN FACT, THE GERMAN NAME PRETZEL IS FROM A LATIN WORD MEANING 'LITTLE ARMS'.



# THE LORD'S PRAYER—PRAYER STATIONS WALK

SET UP THESE STATIONS AROUND YOUR HOUSE OR YARD AND WALK THE LORD'S PRAYER AS A FAMILY.



## **Our Father in heaven, hallowed be your name...**

### **An invitation to connect with God as the perfect father**

You will need: a family portrait or a picture of a father and child.

\*At this station, invite participants to sit before the portrait and consider what it means to them for God to be the perfect Father. The Lord's Prayer invites us to speak directly to God as Father, and we are invited to be a part of His family.



## **Your kingdom come, your will be done on earth as in heaven...**

### **An opportunity to reflect on what it means to acknowledge God as king.**

You will need: a throne, a crown; an inflatable globe

\*Set up the throne with the crown and globe positioned on the seat. Invite participants to pray this line, acknowledging that God is king over the whole world, and asking him to be at work in the world, perhaps in particular situations known to the participants.

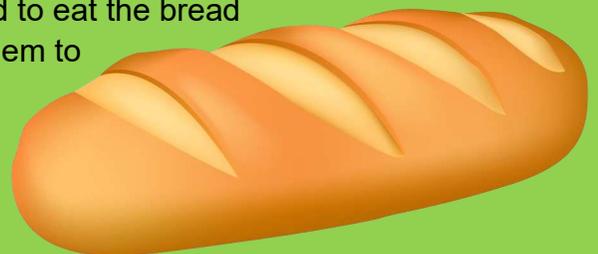


## **Give us today our daily bread...**

### **An opportunity to thank God for his provision**

You will need: a table laid with a table cloth, a chair, bread, bread sticks, biscuits or crackers

\*Invite participants to sit at the table and to eat the bread or biscuits. As they do so encourage them to think about the things that God has provided for them and to thank him for the things he has given them.





## **Forgive our sins as we forgive those who sin against us...**

### **An invitation to accept God's forgiveness**

You will need: small pieces of paper, pens, a large bin

\*Provide a space where participants can write their own 'sorry' prayers to God on a small piece of paper, before crumpling it in their hand and throwing it in the bin provided, to symbolize God getting rid of our sin when he forgives us.

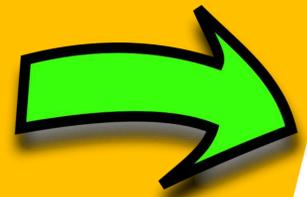
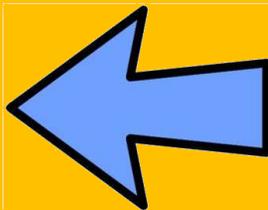


## **And lead us not into temptation but deliver us from evil...**

### **An invitation to reflect on God's leading us through life**

You will need: arrows drawn or marked on the ground

\*Invite participants to slowly walk through this part of the stations, following the arrows and thinking about what it means to allow God to order our steps, leading us along the pathways we should follow, rather than those that are easy or most appealing.



## **For the kingdom, the power and the glory are yours, now and forever. Amen.**

### **An invitation to accept Jesus as king**

You will need: a throne, a crown

\*Invite participants to symbolically take the crown and put it briefly on their own heads, before removing it and laying it on the throne, acknowledging these words in the prayer and Jesus' place as king in their own lives.

